



China Encounters

28 Days

Fully Inclusive from the UK

Admire some of China's most spectacular scenery. Enjoy a four night cruise along the Yangtze River that passes through the dramatic Three Gorges and explore the beauty of the Yunnan Province. Visit attractive Lijiang, discover the Tibetan town of Zhongdian and relax in delightful Dali. *This tour reaches a maximum altitude of 4,500m at Jade Dragon Snow Mountain*

Fully Inclusive price includes:

- International flights and current taxes
- Domestic transportation
- Accommodation
- All meals (excluding drinks)
- Touring with Guides and entrance fees
- Visa fees for UK passport holders

Welcome to Wendy Wu Tours

China continues to amaze, fascinate and thrill our passengers, many of whom have travelled to one country in Asia with us, then another, year after year. We urge you to keep in mind all the rewards, as well as challenges of travelling in a country with a history, culture and attitude so unlike your own.

A typical day's sightseeing may include the bustle and noise of a city street, sights and smells of a local market and interacting with the locals. Travelling in China requires patience and potential delays are to be expected due to standards of service. There is a low level of English spoken throughout China, so your local guides or National Escort will be indispensable during your trip.

Almost everything will be different to what you may be used to. We have found that our passengers who embark with a sense of humour and adventure, who accept that things do not always go to plan, are those who find their experience most rewarding. It is essential that all passengers recognize the demands of factors such as basic facilities and cultural differences they may encounter in some areas.

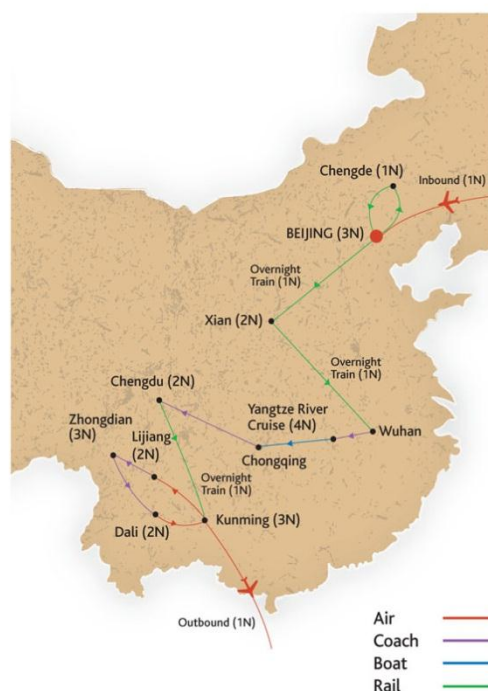
Book now on **0844 499 3899** visit www.wendywutours.co.uk or see your preferred travel agent.

Your Tour Dossier

This document is designed to be read in conjunction with the other pre-departure information provided by Wendy Wu Tours including the tour itinerary as described in our brochure and/or website. It aims to provide a straightforward description of the physical activities involved in sightseeing or travelling during the tour.

If there are any particular challenges, from the length of time spent on your feet, the length of drives and flights, to the standard of remote accommodation; they will be explained here.

All passengers must read this document to ensure the itinerary is suitable for their interests and physical capabilities. This is not your final itinerary and therefore does not mention all the sites visited.



China Encounters - Medium Paced Tour

These tours are not strenuous but do require higher levels of fitness. A typical tour may include longer periods of sightseeing on foot, climbing of stairs and getting on and off boats will be necessary. These tours may involve longer periods of driving; sometimes on poorly maintained roads, and overnight train journeys; as well as some easy hiking. Some Medium Paced Tours may involve several days at altitude.

Anyone with a good level of fitness should be able to complete this itinerary. Of course our local guides always endeavour to provide the highest level of service and assistance, but they cannot be expected to cater for customers who are unfit to complete the itinerary. If you do have mobility difficulties, please contact us for our range of private tours which are more flexible and can better cater for individual needs.

NB Please note that times and distances listed in the tour dossier are approximate.

Days 1-2: UK/Beijing

On day 2, you will be met at Beijing International airport in the arrivals hall by your Local Guide and/or National Escort from Wendy Wu Tours. Together with all other group members who may be arriving at a similar time, you will drive approx. 1hr to your hotel. This evening, when the whole group has arrived, a tour introduction will be held in the hotel. There will not be food or drinks served at this meeting; it is simply an opportunity for your group to meet and learn more about travelling in China.

Day 3: Beijing

We have an early rise this morning to drive approx. 1.5hrs (50 km) northwest of the city to the Juyongguan Pass section of the Great Wall. The aim of this is to avoid the crowds of tourists who will arrive later in the morning, and the heat of the day. Visiting the Wall involves walking from the bus to the first section. After your group has been given an introduction to the Great Wall's unique history you will have free time to explore the rest at your own pace. This afternoon, visit the Temple of Heaven – approx. 2hrs on foot here.

Day 4: Beijing/Chengde

Transfer to the station and catch the morning train to Chengde. This journey usually takes approx. 5hrs, arriving around midday. The Imperial Mountain Villas are vast (twice the size of the Summer Palace in Beijing) and sightseeing here involves approx. 2-3hrs on foot.

Day 5: Chengde/Beijing

We spend approx. 1.5hrs at the Puning Temple. Afterwards we visit Putuo Zongcheng Temple which resembles a small Potala Palace. We spend approx. 2hrs on foot in the main halls of worship. Board the afternoon train to return to Beijing, arriving in the early evening.

Day 6: Beijing

Sightseeing in central Beijing involves approx. 3-4hrs on foot during the morning to see Tiananmen Square and the Forbidden City. Visiting Mao's Mausoleum is subject to the length of the queue, as so many domestic tourists visit every day. After lunch, drive approx. 40mins to the Summer Palace in the north of the city. The palace is set over an extensive park and man-made lake complex and there is approx. 2-3hrs on foot involved at this site. Transfer to Beijing Railway Station. The overnight train departs in the evening and takes approx. 12hrs (over 1,200 km).

Day 7: Xian

You will arrive at Xian station very early this morning and transfer to your hotel, where you can have breakfast and freshen up. Sightseeing at the Little Wild Goose Pagoda involves approx. 1-2hrs on foot.

NB: Check-out time in China is midday so your group's rooms are unlikely to be available. This morning you will commence sightseeing and return to hotel later to rest and freshen up.

Day 8: Xian

The Museum of the Terracotta Warriors is located more than 1hr drive outside of Xian. From the bus park to the Museum entrance is a 15mins walk. There are electric carts offered by private vendors which can be organised at your own cost. There is no electric cart available for the return from Museum exit to the bus park. Within the Museum area the warriors can be seen in 3 different "pits", which are active archaeological digs. The site is large and, towards the summer months, can be hot outside. Sightseeing here involves approx. 2.5hrs walking. To visit the City Walls this afternoon you will need to walk up the stairs onto the wall, then the Local Guide will give you time to explore at your own pace. There are options here to hire a bicycle or an electric cart to drive along the length of the walls. These are offered by private vendors and can be organised at your own cost.

Day 9: Xian/Wuhan

This morning visit the Shaanxi Museum, and Muslim Quarter which requires approx. 2hrs on foot. Take care of your valuables while in the Muslim Quarter's alley market stalls. Transfer to Xian Station in the late afternoon. The overnight train departs in the evening and takes approx. 17hrs.

Day 10: Wuhan/Yangtze

You will arrive at Wuhan station very early this morning and transfer to a local hotel before some leisurely sightseeing within the city of Wuhan. Then transfer (4-5hrs drive) from the train stop to the docks, located downstream from the Three Gorges Dam. Board the ship and check-in to your cabin for the next four nights.

NB: the Yangtze section of your itinerary, from Day 10 to 14 will not be confirmed until after you commence your tour. Your Local Guide will do his/her utmost to keep you informed of all changes but cannot guarantee against delays or – in rare cases – cancellations of sections of your itinerary. This is because vessels are regulated by the Yangtze River Authority

and the captain of each cruise ship is unable to confirm a final itinerary until shortly before departure.

Here is a rough guideline to the cruise schedule:

Day 11: Yangtze River Cruise

Cruise through the Xiling Gorge.

Shore excursion to the site of Three Gorges Dam (approx. 4hrs off ship): Disembark and drive approx. 20mins to the Three Gorges Dam. The coach will drive through the construction areas (they are NOT allowed to stop for photos) and drop you off at the viewing area above the locks. There is a small museum and lookout point.

2nd night on board with Captain's Dinner.

Day 12: Yangtze River Cruise

Cruise through the Wu Gorge. Today, you will visit either the Lesser Three Gorges OR Shennong Stream.

Shore excursion at Lesser Three Gorges (approx. 2-3hrs off ship): Transfer between the ship and small ferry at Wushan, then travel up the Daning River to see the remains of an ancient plank walkway and suspended coffin and enjoy the undisturbed natural scenery.

Shore excursion at the Shennong Stream (approx. 3hrs off ship): Transfer between the ship and small ferry, to travel further up the Shenglong tributary approx. 20mins. Transfer from the ferry onto the small peapod rowboats, to experience the tradition of the 'boatmen' or 'trackers'. Spend your 3rd night on board.

Day 13: Yangtze River Cruise

Cruise through the Qutang Gorge. Today, you will visit either Shibaozhai Temple on the south bank, or Fengdu on the north bank.

Shore excursion to Shibaozhai Temple involves (approx. 2hrs off ship): This small temple was built at the top of a 9 storey pavilion clinging to the sheer south bank near Qutang Gorge. Disembark from ship to dock close to the pavilion's entrance. Sightseeing here involves viewing the 9 storeys inside the building.

Shore excursion to Fengdu "Ghost City" (approx. 2hrs off ship): The town of Fengdu was relocated across to the south bank for the Three Gorges Dam Project. The Fengdu "Ghost City" Temple lies on the steep hill above the demolished town. Disembark via a pontoon and walkway. There is a free passenger 'cart' which takes you up to the middle area of the temple complex. It can carry 10-12 people up at a time and takes about 3-5 minutes each way. You will then need to walk the rest of the way up. There are about 150-200 large steps, without handrails. Spend your 4th night on board with Captain's Farewell Dinner.

NB: The passenger 'cart' is a temporary measure until the construction of an elevator from the port to Fengdu is complete.

Day 14: Chongqing/Chengdu

Check-out of the cabins/ship early this morning and disembark from ship in Chongqing. Drive approx. 4-5hrs to Chengdu, arriving in the early afternoon and check-in to the hotel.

Day 15: Chengdu

The Panda Reserve is located only 10km from the city centre. It is not guaranteed that you will be able to see the feeding of the younger pandas, as this only happens at the start and end of each day. Sightseeing here involves approx. 1.5hrs of walking. There are electric carts offered by private vendors and can be organised at your cost.

To see the picturesque views, caves and temples dotting Mt Qingcheng, involves walking to the Taoist Temple. The group will descend along the same path to the bus, so anyone not able to reach the peak can make their own way down.

Day 16: Chengdu/Kunming

After an early lunch, transfer to Chengdu Railway Station and board the overnight sleep train to Kunming –approx. an 18hr journey (1,094km).

Day 17: Kunming

You will arrive at Kunming Railway Station and transfer to your hotel, where you can have breakfast and freshen up. Leisurely sightseeing at the Bird and Flower Market involves approx. 1hr on foot, but beware of your valuables while in the market area.

NB: Check-out time in China is midday so your group's rooms are unlikely to be available. This morning you will commence sightseeing and return to hotel later to rest and freshen up.

Day 18: Kunming

Drive approx. 1.5hrs (120 km) to the Stone Forest. Sightseeing here involves approx. 3.5hrs on foot to view the maze of rock pinnacles, lake and ponds. Return to Kunming.

Day 19: Kunming/Lijiang

Transfer to the airport for a very early morning flight to Lijiang (flight duration 50mins). Transfer approx. 20mins to Lijiang's Old Quarter and explore the maze of canals and cobbled alleys. This involves approx. 2hrs on foot. Ground may be uneven. Continue to the hotel and check-in.

NB: Check-out time in China is midday so your group's rooms are unlikely to be available. This morning you will commence sightseeing and return to hotel later to rest and freshen up.

Day 20: Lijiang

Visiting the Jade Dragon Snow Mountain is very popular with travellers to this area so, to prevent large crowds of people queuing at the same time, the local government's tourist authority allocates times to each group. This section of the itinerary is subject to change at late notice. Your Local Guide will keep you informed of any changes as he/she is made aware of them. The bus will drive to the base of the mountain; there is a 10min ride on a chairlift from the base to Yunshaping (Cloud Fir Meadow) at an altitude over

4,000m. From the chairlift there is a wooden pathway to the meadow; this walking route takes approx. 1hr. Descend by chairlift to re-board the bus. Sightseeing at Baisha Village is leisurely. There are ruthless souvenir sellers near the bus park though; be firm to avoid any hassle.

Day 21: Lijiang/ Tiger Leaping Gorge/ Zhongdian

Drive 75km. approx. 2hrs drive (depending on number of photo stops) to the northern bank of the Tiger Leaping Gorge and stop for short while at the steps above the famous Tiger Leaping Rock. You can choose to walk down the steps to the water, or have some free time while other group members do this. There are usually sedan chairs* offered by local vendors, which can be organised at your own cost. Lunch today will be a simple meal as the choice of restaurants in this area is limited. Continue driving 100km, approx. 2.5hrs to Zhongdian (3,200m). Once in Zhongdian, you are advised to rest to acclimatise.

* A chair borne on two poles carried by two or four people.

Day 22: Zhongdian

Drive approx. 2hrs each way to Baishui Terrace. There are some uneven and slippery surfaces at Baishui Terrace, so you must be able to walk unaided here. The climbing of steps is also necessary.

Day 23: Zhongdian

Visiting the Songshanlin Monastery involves climbing the central stairs as the main academic halls and pagodas are at the summit. It is recommended to take these slowly. Both Napa Hai Lake (3,300m) and Songshanlin Lamasery are within a 15mins drive of town.

ADDITIONAL INFORMATION

Before You Leave

Itinerary Changes - The order of events and sightseeing may vary according to local conditions or for operational purposes. The schedules of the domestic airlines in China are subject to frequent changes. For this reason, we have indicated approximate times only. Your Local Guide or National Escort will inform you of any schedule changes as they are informed of them. Roads in China have generally been improved over recent years, but some road construction and/or weather conditions may still lengthen the driving times. Our intention is to adhere to the day to day itinerary as printed; however order of events and sightseeing may vary according to local conditions.

- **Yangtze River.** Please note that all sections of the itinerary for the Yangtze River Cruise are especially subject to change. The movement of each vessel along the Yangtze is regulated by the Government's Yangtze River Authority (YRA). The river's rapid flow, the narrowness of her gorges and the recent increase in numbers of passengers means that the timetables are under some pressure. The YRA allocates times for access to mooring points, dis/embarkation docks and passage through the gorges. This means that the captain of each cruise ship is unable to confirm a final itinerary until shortly before departure (usually 24hrs prior). This can affect both the time and location where you dis/embark your cruise ship. Your National Escort or Local Guide will explain any such changes to you as soon as they are informed by the cruise operator.

Visas - A visa is required for entry into China. A standard visa processing service is included in your tour cost. We will require your passport, completed visa application form, and 1 passport photo, taken within the last 6 months, to process your visa. We will require all this information 8 weeks prior to departure. As per our standard visa processing service, we will have your passport for at least 4 weeks. Any passports and visa applications that require an express 2 week service, or that are received in our office less than 6 weeks prior to departure will incur a £50 per passport express fee.

Day 24: Zhongdian/Dali

Drive approx. 7hrs to Dali, with some sightseeing and lunch along the way. In the Dali Old Quarter, explore the maze of canals and cobbled streets. This involves approx. 2hrs on foot and the ground may be uneven. Transfer to the hotel and check-in.

Day 25: Dali

Sightseeing around Dali and surrounding countryside is relaxed, involving approx. 3hrs on foot. There is also a cruise on Erhai Lake.

Day 26: Dali/Kunming

Enjoy the morning at leisure. Transfer approx. 45mins to the airport for your afternoon flight to Kunming (flight duration 1.5hrs). Transfer to the hotel and check-in.

Day 27: Kunming

Transfer from your hotel to Kunming Airport for your overnight flight to the UK. Depending on your chosen airline, you may arrive home later today or tomorrow.

Day 28: UK

Arrive home.

Land Only

If you are travelling on a land only basis, then you will need to make your own way to the starting hotel in Beijing on Day 2. On Day 27, you will checkout from your Kunming hotel, and continue as per your own arrangements.

Please refer to the Wendy Wu Tours brochure and/or website for details on departure dates, prices, itineraries, inclusions and tour extensions available as well as full booking conditions.

In rare cases, you may be required to provide further information or documentation to the Chinese embassy and or be required to attend an interview at the embassy in London. If this is the case we will notify you as soon as possible.

Please note that if you intend to arrive more than 24 hours before your tour commences or intend to stay in China after your tour has ended and **you are NOT staying in a hotel** you will need to register with the local Public Security Bureau. If you are staying in a hotel, registration is done on your behalf as part of the check-in process.

Vaccinations and Your Health - We recommend that you contact either your local GP or a travel doctor for advice on vaccinations and travel health. www.fitfortravel.nhs.uk is a comprehensive website that you may also find useful.

Climate - Please refer to our website or brochure for detailed temperature charts.

Insurance - It is a condition of booking with us that you take out suitable travel insurance. You must provide us with the name of your insurer, policy number and their 24 hour emergency contact number when you book with us or as soon as possible thereafter. Wendy Wu Tours will not be liable for any costs incurred by you due to your failure to take out suitable travel insurance from the date of booking.

What to Expect on Tour

Development - Although China is developing quickly, it still lacks international standards of civil infrastructure and tourist facilities. For example, you may see a hole in the road without a warning sign or safety barricade; concepts of personal responsibility are also different to those in the UK. Consequently, tourist and public facilities may not uphold the same safety standards as in the UK. However, all of our suppliers meet local safety standards as a minimum. We want you to have an enjoyable holiday so we ask that you take extra care, use your common sense as well as refer to notices and follow advice from your National Escort/Local Guides.

Group Size – All our group tours are guaranteed to run subject to a minimum number of 8 travellers and a National Escort will accompany each group of over 10. The maximum group size varies depending on the tour, but is usually no more than 28 passengers.

Accommodation - Your accommodation is selected for convenience of location, comfort or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. Hotels are generally rated as local three to four star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between the UK and China. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

Rail Journeys- This tour involves three overnight train journeys which are in first class soft sleeper compartments where each cabin consists of four berths (sharing).

Altitude - This itinerary visits the following areas of high altitude:

- Jade Snow Dragon Mountain near Lijiang. Sightseeing is at an altitude of 4,500m [14,760feet]. Please note that the town of Lijiang, where you will be staying overnight is not at high altitude.
- Napa Hai Lake outside Zhongdian. Sightseeing is at an altitude of 3,300m [10,826feet]. The town of Zhongdian also has an altitude of 3,200m.

If you have an existing respiratory, vascular or coronary condition, we recommend checking with your Doctor before undertaking this itinerary.

Tipping - As with most countries, tipping is a way of life in China. For our passengers' convenience we ask for a compulsory amount to be paid at the beginning of our group tours to cover tipping for guides, drivers, restaurant staff etc. Approximate tipping amounts can be found in our brochure and/or website; however exact tipping amounts will be stated in your final documentation pack.

Meals - Our schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout China. Sichuan cuisine (or Szechwan as it is still known in the West) is distinguished by its use of ginger, chilli and the 'Sichuan peppercorn' called fagara. Each meal will usually have some mild dishes for those who don't enjoy eating hot or spicy food, but please bear in mind that the majority of local specialty dishes will be hot. If your group finds there are not any mild dishes served, please inform your National Escort/Local Guide so that they may resolve the problem for the next meal.

Optional Extras - Our tours are planned to be as fully inclusive as possible. However, from time-to-time your National Escort or Local Guide may suggest optional tours/sightseeing in addition to the standard sightseeing planned for that city. Such options are at an additional cost, with prices ranging from 100-300 Yuan per person (payable in local currency).

If you do not wish to take part in any optional extras, you will have the option of enjoying some free time at leisure or to return to the hotel.

After Your Booking

Once you have booked with Wendy Wu Tours, you will receive a confirmation invoice followed by deposit documentation, which includes a visa application form, help sheet, and a China travel guide. Your final documentation pack will be sent to you approx. 2 weeks prior to departure, and will include a travel wallet, badge, lanyard, suggested packing list and a phrase book, along with your final itinerary and international etickets.

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